

## **Program Overview**

The James A. Haley Veterans' Hospital's Chronic Pain Rehabilitation Program (CPRP) provides complete care for patients with chronic, non-cancer pain. The program is recognized as a "Program of Excellence" for pain treatment, and it was the first pain practice site in the VA healthcare system.

### **Mission**

To provide quality, well rounded, patient-centered health care to Veterans, Active Duty, Reserve and National Guard service members.

### **Goal**

To assist each person to reach the highest level of physical, emotional, and social functioning in the home, workplace, and community.

### **Philosophy**

Pain exists just as the patient describes it.

### **Approach**

Each patient receives a thorough evaluation. Treatment plans are then developed to meet the unique needs of each patient. A team of health care providers works out a plan that targets both the physical and emotional effects of pain, and teaches each patient a wide range of skills to manage pain.

- Opioids and muscle relaxants are not used for pain control in this program.

- Patients using these medications at the time of admission will be tapered off during their treatment.

## **Program Description**

As a patient in the CPRP you will receive:

- A pain program tailored to your needs, including pain medication adjustment and information on the effects of pain.
- A well-rounded exercise program including aerobic training, recreational activities, and pool therapy.
- Education about pain management.
- Assistance with Vocational Rehabilitation, if needed.
- Training in relaxation, coping, assertiveness, and concentration skills.

## **Program Features**

The James A. Haley Veterans' Hospital's Chronic Pain Rehabilitation Program (CPRP) is fully accredited by the Commission on Accreditation of Rehabilitation Facilities and the Joint Commission on Accreditation of Healthcare Organizations.

The program has a dedicated group of highly trained staff.

It provides for active patient participation through 1:1 and group activities,

participation of family members, and ongoing support groups.

## **CPRP Team Members**

The *CPRP* team includes members who have advanced education and training to:

- Diagnose and treat pain problems (Neurologists)
- Help with stress, depression, and coping with pain (Clinical Psychologists)
- Treat pain and improve function (Physical Therapists)
- Help people perform everyday activities with greater ease and satisfaction (Occupational Therapists)
- Promote health through nutrition and diet (Registered Dietitians)
- Help people solve problems within social and living situations (Social Workers)
- Use activity and leisure for health (Therapeutic Recreation Specialists)
- Evaluate employment situations (Vocational Rehabilitation)
- Use exercise as therapy for managing pain (Kinesiotherapist)

The treatment team also includes nurses who have specialized in pain management and rehabilitation (Registered Nurses and Nurse Practitioners).

## **Award Winning Chronic Pain Rehabilitation Program (CPRP)**



Department of  
Veterans Affairs

Tampa Health Care Network  
James A. Haley Veterans Hospital  
Tampa, Florida

A CARF and JCAHO Accredited  
Pain Treatment Program  
and  
a VA "Clinical Program  
of Excellence"

**[www.vachronicpain.org](http://www.vachronicpain.org)**

### **Information and Referral**

For more information or to make a  
referral, please call:

Susan Hagan, MS, ARNP-CS  
Coordinator: Pain Programs  
(813) 972-2000 ext. 7114 or 6094  
or  
Michael E. Clark, Ph.D.  
Clinical Director  
(813) 972-2000 ext. 7484

You can also visit our website at:  
**<http://www.vachronicpain.org>**

Referral information can also be Faxed to:  
(813) 978-5988

**James A. Haley Veterans Hospital**  
Chronic Pain Rehabilitation Program  
Physical Medicine and  
Rehabilitation Service (117)  
13000 Bruce B. Downs Boulevard  
Tampa, Florida 33612

Approved by JAHVH  
Patient Education Committee  
Approval # 04 - 08

### **Admission Criteria**

Patients admitted into CPRP must be:

- Referred by a health care provider.
- Experiencing non-cancer pain that has lasted for at least 3 months and that has not been successfully treated.
- Without heart or breathing problems that prevent exercise
- Able to follow program rules and directions
- Free from substance abuse
- Eligible for VA care
- Active duty will need prior authorization for services.

Persons with active lawsuits (not including SS/VA claims or disputes) cannot be admitted into the program.



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